

## **MADD Support Group Meeting Schedule 2008**

The following is a list of support group dates and topics. Groups will meet on the 2nd and 4th **Tuesday** of each month at the MADD State Office. 7:00 PM to 9:00 PM. Please call the office for directions and other information at 651-523-0802.

We would like to have about 30 – 40 minutes of topic discussion/education and then allow the group to proceed as needed for the second half of the evening. Light refreshments will be available.

<b><u>Date</u></b>	<b><u>Topic</u></b>
January 8 <sup>th</sup>	Loss, Grief and Mourning
January 22 <sup>nd</sup>	Open Topic
February 12 <sup>th</sup>	Coping and Healing
February 26 <sup>th</sup>	Open Topic
March 11 <sup>th</sup>	Depression and Guilt
March 25 <sup>th</sup>	Open Topic
April 8 <sup>th</sup>	Holidays/Anniversaries/Special Days
April 22 <sup>nd</sup>	Open Topic
May 13 <sup>th</sup>	Relationships with Family and Friends
May 27 <sup>th</sup>	Open Topic
June 10 <sup>th</sup>	Faith/Philosophy of Life
June 24 <sup>th</sup>	Secondary Loss
July 8 <sup>th</sup>	Open Topic
July 22 <sup>nd</sup>	Criminal Justice System
August 12 <sup>th</sup>	Helping Children Cope with Loss
August 19 <sup>th</sup>	Open Topic
September 9 <sup>th</sup>	Anger, Rage and Healing
September 23 <sup>rd</sup>	Depression and Guilt
October 14 <sup>th</sup>	Open Topic
October 28 <sup>th</sup>	Open Topic
November 11 <sup>th</sup>	Coping During the Holiday Season
November 25 <sup>th</sup>	Open Topic
December 9 <sup>th</sup>	Candle Light Vigil
December 23 <sup>rd</sup>	Holiday/ Anniversaries/Special Days

**OFFICE LOCATION:** The MADD MN State Office is located across the Mississippi River from downtown St. Paul on the corner of Wabasha and Plato in the Southbridge Office Park, 155 South Wabasha Street, Suite 104. Coming over the Wabasha Bridge from Downtown, turn right on Plato, then take the first right into the parking lot. Go in the main doors and MADD is to the left down the hall.